COURSE DESCRIPTION

Course Title: Recreational Activities for Life

Course Number: 00624

Course Prerequisites: None

Course Description: Recreational Activities for Life provides students with an opportunity to incorporate physical activity and lifelong leisure experiences into their lifestyle through game play and practice. Focus units include but are not limited to, Badminton, Kickball, Golf, Walking/Jogging, Volleyball and Tennis. Other team sports will be incorporated as non-competitive activities. Skills and common concepts of each lifelong activity will be presented and developed through practice and match play. Students of all skill and experience levels are encouraged to enroll in this course.

Suggested Grade Level: Grades 9-12

Length of Course: ☒ One Semester  ☐ Two Semesters  ☐ Other

Units of Credit: .5 (Insert None if appropriate)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications: CSPG 47

Certification verified by WCSD Human Resources Department: ☒ Yes  ☐ No

TEXTBOOK AND SUPPLEMENTAL MATERIALS

Continue using Board approved textbook? ☐ Yes  ☒ No (If yes, then complete the information below.)

Board Approved Textbooks, Software, Supplemental Materials:
Title:
Publisher:
ISBN #:
Copyright Date:
Date of WCSD Board Approval:
SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modification to instruction and assessment based on a student’s Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

COURSE OVERVIEW

Topics to be Covered:
- Teams Sports
- Dual/Individual Sport
- Recreational Activities

10.3.12 Safety and Injury Prevention
D. Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities.

10.4.12 Physical Activity
A. Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.
B. Analyze the effects of regular participation in a self-selected program of moderate to vigorous physical activities.
D. Evaluate factors that affect physical activity and exercise preferences of adults.
E. Analyze the interrelationships among regular participation in physical activity, motor skill improvement and the selection and engagement in lifetime physical activities.
F. Assess and use strategies for enhancing adult group interaction in physical activities.

10.5.12 Concepts, Principles and Strategies of Movement
A. Apply knowledge of movement skills, skill-related fitness and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.
B. Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.
C. Evaluate the impact of practice strategies on skill development and improvement.
F. Analyze the application of game strategies for different categories of physical activities.
ASSESSMENT

Portfolio Assessment: _____ Yes _____ X _____ No

District-Wide Common Final Examination Required: _____ Yes _____ X _____ No

Course Challenge Assessment (Describe): N/A

WRITING TEAM: Warren County School District Teachers

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? _____ Yes _____ X _____ No
   *Warren County School District Policy 9741 and 9744 state, “All classes in grades 9-12 shall have a final exam.”

2. Does this course issue a mark/grade for the report card? _____ X _____ Yes _____ No

3. Does this course issue a Pass/Fail mark? _____ X _____ Yes _____ No

4. Is the course mark/grade part of the GPA calculation? _____ X _____ Yes _____ No

5. Is the course eligible for Honor Roll calculation? _____ X _____ Yes _____ No

6. What is the academic weight of the course?
   _____ X _____ No weight/Non credit            _____ X _____ Standard weight            _____ X _____ Enhanced weight