Course Title: Health 9

Course Number: 00626

Course Prerequisites: None

Course Description:

Health 9 is a sequential continuation of the various aspects of health that provides a foundation for making educated health decisions consistent with Pennsylvania Health, Safety, and Physical Education standards. By becoming and remaining physically, mentally, socially, and emotionally healthy, students will favorably impact their lives and the lives of those around them. Health 9 will provide students with the knowledge and skills to achieve and maintain a physically active and healthful life. This course has a final exam.

Suggested Grade Level: Ninth Grade

Length of Course: ☒ One Semester ☐ Two Semesters ☐ Other

Units of Credit: .5 (Insert None if appropriate)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:
CSPG #47 (4805 Health & Physical Education and/or 4810 Health)

Certification verified by WCSD Human Resources Department: ☒ Yes ☐ No

TEXTBOOK AND SUPPLEMENTAL MATERIALS

Continue using Board approved textbook? ☒ Yes ☐ No (If yes, then complete the information below.)

Board Approved Textbooks, Software, Supplemental Materials:
Title: Glencoe Health Hardbound
Publisher: McGraw Hill
ISBN #: 978-0-02-140707
Copyright Date: 2014
Date of WCSD Board Approval: April 9, 2018
SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modification to instruction and assessment based on a student’s Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

COURSE OVERVIEW

Topics to be covered:

- Health & Wellness
- Mental Health
- Nutrition
- Physical Fitness & Activity
- Drugs, Alcohol, & Tobacco
- Conflict Resolution
- Body Systems
- Relationships
- Communicable & Non-communicable Diseases

10.1.9 Concepts of Health

1. Analyze factors that impact growth and development between adolescence and adulthood.
2. Analyze the interdependence existing among the body systems.
3. Analyze factors that impact nutritional choices of adolescents.
5. Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.

10.2.9 Healthful Living

A. Identify and describe health care products and services that impact adolescent health practices.
B. Analyze the relationship between health-related information and adolescent consumer choices.
C. Analyze media health and safety messages and describe their impact on personal health and safety.

10.3.9 Safety and Injury Prevention

C. Analyze and apply strategies to avoid or manage conflict and violence during adolescence.

10.4.9 Physical Activity
B. Analyze the effects of regular participation in moderate to vigorous physical activities in relation to adolescent health improvement.
C. Analyze factors that affect the responses of body systems during moderate to vigorous physical activities.
E. Analyze factors that impact on the relationship between regular participation in physical activity and motor skill improvement.

ASSESSMENT

Portfolio Assessment: _____ Yes _____X____ No

District-Wide Common Final Examination Required: _____X____ Yes _____ No

Course Challenge Assessment (Describe):
Students challenging Health 9 shall score 84% or higher on the district Health 9 final examination.

WRITING TEAM: Warren County School District Teachers

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? _____X____ Yes _____ No
   *Warren County School District Policy 9741 and9744 state, “All classes in grades 9-12 shall have a final exam.”

2. Does this course issue a mark/grade for the report card? _____X____ Yes _____ No

3. Does this course issue a Pass/Fail mark? _____ Yes _____X____ No

4. Is the course mark/grade part of the GPA calculation? _____X____ Yes _____ No

5. Is the course eligible for Honor Roll calculation? _____X____ Yes _____ No

6. What is the academic weight of the course?
   _____ No weight/Non credit _____X____ Standard weight ______ Enhanced weight