

**WARREN COUNTY SCHOOL DISTRICT**

PLANNED INSTRUCTION

**COURSE DESCRIPTION**

**Course Title:** Health 9  
**Course Number:** 00626  
**Course Prerequisites:** None

**Course Description:** Health 9 is a sequential continuation of the various aspects of health that provides a foundation for making educated health decisions consistent with Pennsylvania Health, Safety, and Physical Education standards. By becoming and remaining physically, mentally, socially, and emotionally healthy, students will favorably impact their lives and the lives of those around them. Health 9 will provide students with the knowledge and skills to achieve and maintain a physically active and healthful life. **This course has a final exam.**

**Suggested Grade Level:** Grade 9

**Length of Course:** One Semester

**Units of Credit:** .5

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

**GPA Type:**  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code:** 08051

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

**WARREN COUNTY SCHOOL DISTRICT**

PLANNED INSTRUCTION

**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:** Glencoe Health Hardbound  
**Publisher:** McGraw Hill  
**ISBN #:** #978-0-02-140707  
**Copyright Date:** 2014  
**WCSD Board Approval Date:** April 9, 2018

**Supplemental Materials:** CPR Manikins; AED

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 6/3/2020  
**Date Approved:** 4/8/2019  
**Date(s) Revised** 11/9/2020  
**Implementation Year:** 2020-2021

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**WARREN COUNTY SCHOOL DISTRICT**

## PLANNED INSTRUCTION

**SCOPE AND SEQUENCE OF CONTENT, CONCEPTS, AND SKILLS**

<b>Performance Indicator</b>	<b>PA Core Standard and/or Eligible Content</b>	<b>Month Taught and Assessed for Mastery</b>
Analyze the inter-relationship among emotional, social, physical and mental health, skill improvement and physical activity preferences and participation, over a lifetime.	10.1.9	September January
Examine the factors that influence adolescent health information, practices and consumer choices.	10.1.9 10.2.9	September January
Select and implement personal health-enhancing behaviors that reduce health disparities and minimize risk factors throughout the lifespan.	10.1.9 10.2.9	September February
Analyze how parental involvement and professional assistance can positively impact choices that result in the optimal interdependence of body systems.	10.1.9 10.2.9 10.4.9	September February
Examine how personal choices (such as the decision to use/not use drugs), life skills and media will affect optimal health throughout adulthood.	10.1.9	October March
Describe how ones present choices are connected to their health throughout adulthood.	10.1.9 10.4.9	November April
Identify criteria one will use to determine if your health behaviors are responsible now and in the future.	10.3.9	November April
Identify the outcomes of various safe and unsafe practices and what impact can the outcomes have on life and the lives of others.	10.3.9 10.4.9	November April
Examine the influence parents and health professionals have on optimal health.	10.1.9 10.2.9	November April
List health information resources that are available to improve the health and well-being of your family, community and world.	10.2.9	November April
Critique how an individual's personal health impacts the community and how the community impacts an individual's health.	10.2.9	December May
Analyze and apply strategies for the management of injuries; hands only CPR and use of AED	10.3.9	January June

**WARREN COUNTY SCHOOL DISTRICT**

PLANNED INSTRUCTION

Assess safe and unsafe practices in the home, school, community and in physical activity settings and determine the associated personal and/or legal consequences and the impact on personal and community well-being.	10.3.9	December May
--	--------	-----------------

**ASSESSMENTS**

**PSSA Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Participation, Classwork, Homework, Project, and Skills Assessment

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Quizzes, Test, and Final Exam