

**WARREN COUNTY SCHOOL DISTRICT**

PLANNED INSTRUCTION

**COURSE DESCRIPTION**

**Course Title:** Recreational Activities for Life  
**Course Number:** 00624  
**Course Prerequisites:** none

**Course Description:** Recreational Activities for Life provides students with an opportunity to incorporate physical activity and lifelong leisure experiences into their lifestyle through game play and practice. Focus units include but are not limited to, Badminton, Kickball, Golf, Walking/Jogging, Volleyball and Tennis. Other team sports will be incorporated as non-competitive activities. Skills and common concepts of each lifelong activity will be presented and developed through practice and match play. Students of all skill and experience levels are encouraged to enroll in this course.

**Suggested Grade Level:** Grades 9-12

**Length of Course:** One Semester

**Units of Credit:** .5

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

**GPA Type:**

GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society  
 UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code:** 08049

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

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**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:** Click or tap here to enter text.

**Publisher:** Click or tap here to enter text.

**ISBN #:** Click or tap here to enter text.

**Copyright Date:** Click or tap here to enter text.

**WCSD Board Approval Date:** Click or tap here to enter text.

**Supplemental Materials:** Click or tap here to enter text.

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 11/13/2018

**Date Approved:** 4/8/2019

**Implementation Year:** 2019-2020

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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**SCOPE AND SEQUENCE OF CONTENT, CONCEPTS, AND SKILLS**

<b>Performance Indicator</b>	<b>PA Core Standard and/or Eligible Content</b>	<b>Month Taught and Assessed for Mastery</b>
Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities.	Safety and Injury Prevention 10.3.12.D	September January
Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.	Physical Activity 10.4.12.A	September January
Analyze the effects of regular participation in a self-selected program of moderate to vigorous physical activities.	Physical Activity 10.4.12.B	October February
Evaluate factors that affect physical activity and exercise preferences of adults.	Physical Activity 10.4.12.D	November March
Analyze the interrelationships among regular participation in physical activity, motor skill improvement and the selection and engagement in lifetime physical activities.	Physical Activity 10.4.12.	December April
Assess and use strategies for enhancing adult group interaction in physical activities.	Physical Activity 10.4.12.F	January May
Apply knowledge of movement skills, skill-related fitness and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.	Concepts, Principles and Strategies of Movement 10.5.12.A	September February
Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.	Concepts, Principles and Strategies of Movement 10.5.12.B	October March

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Evaluate the impact of practice strategies on skill development and improvement.	Concepts, Principles and Strategies of Movement 10.5.12.C	November April
Analyze the application of game strategies for different categories of physical activities.	Concepts, Principles and Strategies of Movement 10.5.12.F	December May

**ASSESSMENTS**

**PSSA Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Teacher Observation, Fitness Testing, Participation, Sportsmanship, Preparation (Proper Fitness Attire)

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Participation, Sportsmanship, Preparation (Proper Fitness Attire)