

Warren County School District

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education Through Activity

Course Number: 00615

Course Description and Prerequisites:

Physical Education Through Activity focuses on three basic areas as presented through WCSD athletic and marching band programs:

1. Regular physical activity;
2. Team sport concepts (cooperativeness, assuming responsibility);
3. An awareness of the values and benefits of physical fitness in maintaining a healthy lifestyle.

Suggested Grade Level: 9 - 12

Length of Course: X One Semester ___ Two Semesters ___ Other _____

Units of Credit: .25

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s) CSPG No. 47 Health and Physical Education (K-12)

Certification verified by WCSD Human Resources Department:

X Yes ___ No

Board Approved Textbooks, Software, Materials:

None

BOARD APPROVAL:

Date Written: 3/13/2007

Date Approved: May 14, 2007

Implementation Year: 2007 - 2008

Suggested Supplemental Materials: None

Course Standards

PA Academic Standards:

10.3.9 Safety and Injury Prevention

- A. Individual responsibility for injury prevention
- B. Strategies for management of injuries
- C. Manage conflict and violence during adolescence
- D. Individual responsibility for safety in group activities

10.4.9/12 Physical Activity

- A. Physical activities appropriate to support personal fitness goals
- B. Effect of participation in physical activity upon health
- C. Analyze factors affecting body response to physical activity
- D. Analyze factors affecting physical activity of preference
- E. Physical activity and motor skill improvement
- F. Effects of positive and negative interaction of adolescents in group physical activities

10.5.9/12 Concepts, principles, and strategies of movement

- A. Skill related fitness and movement performance
- B. Complex motor skill development
- C. Skill improvement
- D. Athletic training vocabulary
- E. Biomechanical principles of movement
- F. Strategies of games and physical activities

WCSD Academic Standards:

None

Industry or Other Standards:

None

WCSD EXPECTATIONS

WCSD K-12 Expectations for instruction in writing, reading, mathematics, and technology have been developed and revised annually. Those expectations have been waived for the 2007-2008 academic year.

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The principal or his/her designee shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (I.E.P.) or Gifted Individual Education Plan (G.I.E.P.).

**SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS
AND ELIGIBLE CONTENT WHERE APPLICABLE**

10.3.9/12 Safety and Injury Prevention

x – performance assessed during that semester

| | Performance Indicator | 1 | 2 | Assessment |
|----|--|----------|----------|--|
| A. | Assumes responsibility for injury prevention | | | Formative Assessments * daily logs |
| B. | Demonstrates proper training techniques | | | |
| C. | Aids in conflict resolution | | | |
| D. | Assumes responsibility for safe group activities | | | |

10.4.9/12 Physical Activity

x – performance assessed during that semester

| | Performance Indicator | 1 | 2 | Assessment |
|----|--|----------|----------|----------------------|
| A. | Physical activity supporting personal goals | | | Same as above |
| D. | Physical activity of preference | | | |
| E. | Physical activity and motor skill | | | |
| F. | Positive and negative interaction and group dynamics | | | |

10.5.9/12 Concepts, principles, and strategies of movement

x – performance assessed during that semester

| | Performance Indicator | 1 | 2 | Assessment |
|----|------------------------------|----------|----------|----------------------|
| A. | Fitness and movement skills | | | Same as above |
| B. | Complex motor skills | | | |
| C. | Skill improvement | | | |
| F. | Game / activity strategies | | | |

ASSESSMENTS

PSSA Assessment Anchors Addressed: The principal or his/her designee must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at pde@state.pa.us.

Formative Assessments: The principal or his/her designee may develop and use standards-based assessments throughout the course.

Portfolio Assessment: Yes No

District-wide Final Examination Required: Yes No

Course Challenge Assessment: Course challenge is not permitted.

REQUIRED COURSE SEQUENCE AND TIMELINE

The principal shall approve the course sequence and timeline.

WRITING TEAM: Mrs. Amy Stewart, Mr. John Werner, Mr. Jeff Manelick

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? Yes No
2. Does this course issue a mark/grade for the report card? Yes No
3. Does this course issue a Pass/Fail mark? Yes No
4. Is the course mark/grade part of the GPA calculation? Yes No
5. Is the course eligible for Honor Roll calculation? Yes No
6. What is the academic weight of the course?
 No weight/Non credit Standard weight
 Enhanced weight (Describe) _____