

Warren County School District

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education - 5

Course Number: 08566

Course Prerequisites: None

Course Description:

Physical Education – Grade 5 is a continuation of the motor skills with beginning sport applications. The student will also continue to develop an awareness of the value and benefit of physical fitness in maintaining a healthy lifestyle. **Students will complete WCSD Fitness Testing.**

Suggested Grade Level: Fifth Grade

Length of Course: One Semester Two Semesters Other(1 40 min/week)

Units of Credit: None (Insert *None* if appropriate)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications: CSPG 47

Certification verified by WCSD Human Resources Department: Yes No

TEXTBOOK AND SUPPLEMENTAL MATERIALS

Continue using Board approved textbook? Yes No (If yes, then complete the information below.)

Board Approved Textbooks, Software, Supplemental Materials:

Title:

Publisher:

ISBN #:

Copyright Date:

Date of WCSD Board Approval:

BOARD APPROVAL:

Date Written: 5/3/2018

Date Approved: June 11, 2018; Revised July 29, 2019

Implementation Date: 2018-2019

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modification to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

COURSE OVERVIEW

TEAM SPORTS

DUAL AND INDIVIDUAL SPORTS

RECREATIONAL SPORTS

10.3.6 Safety and Injury Prevention

- C. Describe strategies to avoid or manage conflict and valiance.
- D. Analyze the role of individual responsibility for safety during physical activity.

10.4.6 Physical Activity

- A. Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.
- B. Explain the effects of regular participation in moderate to vigorous physical activities on the body systems.
- C. Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity.
- D. Describe factors that affect childhood physical activity preferences.
- E. Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement.
- F. Identify and describe positive and negative interactions of group members in physical activities.

10.5.6 Concepts, Principle and Strategies of Movement

- A. Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills.
- B. Identify and apply the concepts of motor skill development to a variety of basic skills.
- C. Describe the relationship between practice and skill development.
- D. Describe and apply the principles of exercise to the components of health related and skill-related fitness.

For standards, essential questions, content, and skills see curriculum map

ASSESSMENT

Portfolio Assessment: Yes No

District-Wide Common Final Examination Required: Yes No

Course Challenge Assessment (Describe): NA

WRITING TEAM: Warren County School District Teachers

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? Yes No
**Warren County School District Policy 9741 and 9744 state, "All classes in grades 9-12 shall have a final exam."*
2. Does this course issue a mark/grade for the report card? Yes No
3. Does this course issue a Pass/Fail mark? Yes No
4. Is the course mark/grade part of the GPA calculation? Yes No
5. Is the course eligible for Honor Roll calculation? Yes No
6. What is the academic weight of the course?
 No weight/Non credit Standard weight Enhanced weight