

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education- Grade 1
Course Number: 08166
Course Prerequisites: None

Course Description: Physical Education – Grade 1 is a continuation of the knowledge, skills, and safety precautions introduced in Kindergarten. Students will begin to recognize body changes while engaged in moderate activity.

Suggested Grade Level: Grade 1
Length of Course: Once A Week
Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:
CSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

Certification verified by the WCSD Human Resources Department: Yes No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic
Mark Types: Check all that apply.
F – Final Average MP – Marking Period EXM – Final Exam

GPA Type: GPAEL-GPA Elementary GPAML-GPA for Middle Level NHS-National Honor Society
 UGPA-Non-Weighted Grade Point Average GPA-Weighted Grade Point Average

State Course Code: 08031

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: Click or tap here to enter text.
Publisher: Click or tap here to enter text.
ISBN #: Click or tap here to enter text.
Copyright Date: Click or tap here to enter text.
WCSD Board Approval Date: Click or tap here to enter text.

Supplemental Materials: Click or tap here to enter text.

Curriculum Document

WCSD Board Approval:

Date Finalized: 5/3/2018
Date Approved: 6/11/2018
Date(s) Revised: 7/29/2019
Implementation Year: 2018-2019

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT, CONCEPTS, AND SKILLS

Performance Indicator	PA Core Standard and/or Eligible Content	Month Taught and Assessed for Mastery
Identify and use safe practices in physical activity settings.	Safety and Injury Prevention 10.3.3 D	September October
Exhibit safe play within the Physical Education setting.	Safety and Injury Prevention 10.3.3 D	September October
Participate in age appropriate warm-up activities that promote safe physical fitness.	Safety and Injury Prevention 10.3.3 D	September October
Demonstrate proper execution of the critical elements of soccer. (Passing, dribbling, shooting)	Physical Activity 10.4.3 A and 10.4.3	October October
Participate in individual and team throwing games.	Physical Activity 10.4.3 A and 10.4.3 C	November December
Exhibit proper execution of the critical elements of Basketball. (Passing, dribbling, shooting)	Physical Activity 10.4.3 A and 10.4.3 C	January March
Learn basic movement patterns to execute jump rope and hula hoop skills.	Physical Activity 10.4.3 A and 10.4.3 C	March March
Show proper execution of the critical elements of Whiffle Ball (Underhand throwing, catching, and striking).	Physical Activity 10.4.3 A and 10.4.3 C	April May
Know and recognize changes in body responses during moderate to vigorous physical activity including heart rate and breathing rate during physical activity.	Physical Activity 10.4.3 A and 10.4.3 C	September May
Demonstrate locomotor movement skills including walk, hop, jump, side slide, and gallop, skip, run.	Concepts, Principles and strategies of Movement 10.5.3 A	September October
Show manipulative movement skills including throw, catch, kick.	Concepts, Principles and strategies of Movement	October November

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	10.5.3 A	
Recognize and demonstrate relationships (under, over, beside) with and without equipment.	Concepts, Principles and strategies of Movement 10.5.3 A	January February
Recognize spatial awareness within general and personal space.	Concepts, Principles and strategies of Movement 10.5.3 A	September September

ASSESSMENTS

PSSA Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher Observation, Participation, Sportsmanship, Understanding concepts and skills.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: None.