

**Warren County School District  
PLANNED INSTRUCTION**

**COURSE DESCRIPTION**

**Course Title:** Physical Education - 1

**Course Number:** 08166

**Course Prerequisites:** None

**Course Description:**

Physical Education – Grade 1 is a continuation of the knowledge, skills, and safety precautions introduced in Kindergarten. Students will begin to recognize body changes while engaged in moderate activity.

**Suggested Grade Level:** First Grade

**Length of Course:**     One Semester                       Two Semesters                       Other (1 40 min /week)

**Units of Credit:** None (Insert *None* if appropriate)

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:** CSPG 47

**Certification verified by WCSD Human Resources Department:**  Yes     No

**TEXTBOOK AND SUPPLEMENTAL MATERIALS**

**Continue using Board approved textbook?**  Yes     No (*If yes, then complete the information below.*)

**Board Approved Textbooks, Software, Supplemental Materials:**

**Title:**

**Publisher:**

**ISBN #:**

**Copyright Date:**

**Date of WCSD Board Approval:**

**BOARD APPROVAL:**

**Date Written:** 5/3/2018

**Date Approved:** June 11, 2018; Revised July 29, 2019

**Implementation Date:** 2018-2019

## **SPECIAL EDUCATION AND GIFTED REQUIREMENTS**

The teacher shall make appropriate modification to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

### **COURSE OVERVIEW**

#### ***TEAM SPORTS***

#### ***DUAL AND INDIVIDUAL SPORTS***

#### ***RECREATIONAL SPORTS***

#### **10.3. Safety and Injury Prevention**

- C. Recognize conflict situations and identify strategies to avoid or resolve.
- D. Identify and use safe practices in physical activity settings.

#### **10.4. Physical Activity**

- A. Identify and engage in physical activities that promote physical fitness and health.
- B. Know the positive and negative effects of regular participation in moderate to vigorous physical activities.
- C. Know and recognize changes in body responses during moderate to vigorous physical activity.

#### **10.5. Concepts, Principles and Strategies of Movement**

- A. Recognize and use basic movement skills and concepts.
- B. Recognize and describe the concepts of motor skill development using appropriate vocabulary.
- C. Know the function of practice.

**For standards, essential questions, content, and skills see Curriculum Map** – [Click here to enter text.](#)

### **ASSESSMENT**

**Portfolio Assessment:**  Yes  No

**District-Wide Common Final Examination Required:**  Yes  No

**Course Challenge Assessment (Describe):** NA

**WRITING TEAM:** Warren County School District Teachers

## WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination?                     Yes     No
2. Does this course issue a mark/grade for the report card?                     Yes     No
3. Does this course issue a Pass/Fail mark?                     Yes     No
4. Is this course competency based?                     Yes     No
5. Is the course mark/grade part of the GPA calculation?                     Yes     No
6. Is the course eligible for Honor Roll calculation?                     Yes     No
7. What is the academic weight of the course?

No weight/Non-credit                     Standard weight

Enhanced weight (Describe)