

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education - 8
Course Number: 00607
Course Prerequisites: None

Course Description: Grade 8 prepares students to develop future personal fitness choices while reviewing and putting to practice the lessons developed in previous grades. The student will recognize the value and benefit of physical fitness in maintaining a healthy lifestyle. **Students will complete the WCSD Fitness Testing.**

Suggested Grade Level: Grade 8

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

GSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

Certification verified by the WCSD Human Resources Department: Yes No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

GPA Type: GPAEL-GPA Elementary GPAML-GPA for Middle Level NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average GPA-Weighted Grade Point Average

State Course Code: 08001

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: None
Publisher: None
ISBN #: None
Copyright Date: None
WCSD Board Approval Date: [Click or tap here to enter text.](#)

Supplemental Materials: None

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/13/2018
Date Approved: 3/12/2018
Implementation Year: 2018-2019

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT, CONCEPTS, AND SKILLS

Performance Indicator	PA Core Standard and/or Eligible Content	Month Taught and Assessed for Mastery
Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.	10.4.6 Physical Activity	September January
Explain the effects of regular participation in moderate to vigorous physical activities on the body systems.	10.4.6 Physical Activity	September January
Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity.	10.4.6 Physical Activity	October February
Describe factors that affect childhood physical activity preferences.	10.4.6 Physical Activity	November March
Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement.	10.4.6 Physical Activity	December April
Identify and describe positive and negative interactions of group members in physical activities.	10.4.6 Physical Activity	January May
Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills.	10.5.6 Concepts, Principle and Strategies of Movement	September January
Identify and apply the concepts of motor skill development to a variety of basic skills.	10.5.6 Concepts, Principle and Strategies of Movement	September January
Describe the relationship between practice and skill development.	10.5.6 Concepts, Principle and Strategies of Movement	October February

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Describe and apply the principles of exercise to the components of health related and skill-related fitness.	10.5.6 Concepts, Principle and Strategies of Movement	November March
Identify and use scientific principles that affect basic movement and skills using appropriate vocabulary.	10.5.6 Concepts, Principle and Strategies of Movement	December April
Identify and apply game strategies to basic games and physical activities.	10.5.6 Concepts, Principle and Strategies of Movement	January May
Analyze the role of individual responsibility for safety during physical activity.	10.3.6 Safety and Injury Prevention	September January

ASSESSMENTS

PSSA Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher Observation, Fitness Testing, Participation, Sportsmanship, Preparation (Proper Fitness Attire)

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Participation, Sportsmanship, Preparation (Proper Fitness Attire)