

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: High School Adapted Physical Education
Course Number: 00623
Course Prerequisites: None

Course Description: High School Adapted Physical Education provides students of any skill level with an opportunity to incorporate physical activity and lifelong leisure experiences into their lifestyle. Activities will include walking, weight lifting, and non-competitive team and recreational games. Skills and common concepts of each lifelong activity will be presented and developed through practice and participation.

Suggested Grade Level: Grades 9-12

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:
CSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

Certification verified by the WCSD Human Resources Department: Yes No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

GPA Type: GPAEL-GPA Elementary GPAML-GPA for Middle Level NHS-National Honor Society
 UGPA-Non-Weighted Grade Point Average GPA-Weighted Grade Point Average

State Course Code: 08001

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: Click or tap here to enter text.

Publisher: Click or tap here to enter text.

ISBN #: Click or tap here to enter text.

Copyright Date: Click or tap here to enter text.

WCSD Board Approval Date: Click or tap here to enter text.

Supplemental Materials: Click or tap here to enter text.

Curriculum Document

WCSD Board Approval:

Date Finalized: 11/6/2019

Date Approved: 2/10/2020

Implementation Year: 2020/2021

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT, CONCEPTS, AND SKILLS

Performance Indicator	PA Core Standard and/or Eligible Content	Month Taught and Assessed for Mastery
Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities.	Safety and Injury Prevention 10.3.12 D	September January
Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.	Physical Activity 10.4.12.A	October February
Analyze the effects of regular participation in a self-selected program of moderate to vigorous physical activities.	Physical Activity 10.4.12.B	October February
Evaluate factors that affect physical activity and exercise preferences of adults.	Physical Activity 10.4.12.D	September January
Analyze the interrelationships among regular participation in physical activity, motor skill improvement and the selection and engagement in lifetime physical activities.	Physical Activity 10.4.12.E	September January
Assess and use strategies for enhancing adult group interaction in physical activities.	Physical Activity 10.4.12.F	November March
Apply knowledge of movement skills, skill-related fitness and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.	Concepts, Principles and Strategies of Movement 10.5.12.A	November March
Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.	Concepts, Principles and Strategies of Movement 10.5.12.B	October February
Evaluate the impact of practice strategies on skill development and improvement.	Concepts, Principles and Strategies of Movement 10.5.12.C	November April
Analyze the application of game strategies for different categories of physical activities.	Concepts, Principles and Strategies of Movement 10.5.12.F	December May

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ASSESSMENTS

PSSA Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher observation and skill assessment.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Teacher observation and skill assessment.